1 Timothy 4:1-10 – A Lesson in Doctrine

1. *Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons.*

a. When we take in false teaching we are actually being led by demons

b. Think of false teachers like Joel Osteen, Kenneth Copeland, Jesse Duplantis, and with more sinister ones such as Jim Jones, and David Koresh. - none of them teach the Christ of the bible instead they teach another Christ.

c. Some false teachings include = exclusivity “all are accepted” (John 14:6 “Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.” , Works to salvation (Isaiah 64:6 “filthy rags”), Many gods (I Timothy 2:5 “For there is one God, and there is one mediator between God and men, the man Christ Jesus”

2. *through the insincerity of liars whose consciences are seared,*

a. America today is living like it has a seared conscience.

b. All of the world has gone literally crazy, Romans 1:28 “Reprobate Mind”

c. All things are cheered throughout the world, but Christianity is jeered.

3. *who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth.*

a. Think of the Catholic Church – forbids marriage

b. Jews and Muslims alike forbid certain foods as they deem them unclean.

c. This is another false teaching that leads to a works based faith.

4 and 5. *For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, 5 for it is made holy by the word of God and prayer.*

a. Everything God makes is perfect and good “Genesis 1:31 ‘very good’”

b. We know God is good, Jesus even told us God was good “Luke 18:19 - “And Jesus said to him, “Why do you call Me good? No one is good except God alone.”

c. bibleref.com stated on verse 5“Here, Paul extends this teaching even further. The physical creations of this world all have some positive use, but even more so, those things used in a thankful, prayerful, biblical way become "holy"! The food we eat, the materials we build with, the blessing of sexuality within a marriage—everything God gave us in this world can be more than just "good." It can be holy and used for His glory, when used as He intended.

6-10 – Expound

6. Trained with right doctrine, 7. Don't fall into myths, urban legends “jinxes”, 8. Working out is great, but working out your faith and mind are much more important, 9 and 10. Our only Hope is in Jesus Christ alone.